



Community Hiking Club

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October

CALL OF THE WILD- EDITION

Happy
Halloween

Community Hiking Club Schedule

Saturday, October 3, 2015 – Switzer Falls and Bear Canyon Trail

Distance: ~7 miles

Gain: ~600feet

Rating: Moderate

Description: This is a moderate hike into one of the loveliest sections of the San Gabriel Mountains. The hike meanders back and forth across the stream running down the spectacular Arroyo Seco Canyon. The stream is lined with oaks and a lot of alder, many of which have fallen across the river. In many places the water cascades over granite into mirror-like pools. There is plenty of boulder hopping but not much scrambling. The hike emerges from the trees and travels high above the 50 foot high Switzer falls with a view of where the Switzer resort stood before dropping back to the stream.

We will continue down Bear canyon a mile or so, taking in several pools and the beauty of the canyon. We will stop along the way for a snack before turning back. This time we go back up stream until we are standing at the base of the falls. We then backtrack to return up the hill from stream level and to the track above. We then follow the stream back the way we came to the parking lot.

BRING: Hiking poles, if you have them, an extra layer in case it gets hot/cold, lunch/snack, water (2 - 3L), hat and sunscreen. Wear long pants for this one. Bug spray / a bug net is recommended just in case.

Adventure Pass: Yes, for those who drive - they do ticket (\$5)!
Passes can be obtained at Sports Chalet in Stevenson Ranch or any BIG 5 Sporting Goods store; \$5 for a day pass, \$30 for a 1 year pass.

Dogs: OK, on leash and if well behaved around people / other dogs.
If you bring a dog, you will need to drive yourself.

Meet your Leader: At 6:45AM outside Towsley Canyon gate in the street Parking lot for a 7:00AM SHARP Carpool departure.
Alternatively, meet at the Trail Head for a 8:00AM departure down the trail.

Please be respectful of your driver's support by contributing something at the end of your carpool to help defray the cost of gas - THX.

Directions to Towsley carpool meeting spot: From Valencia, take the I-5 South to the Calgrove exit. Exit, turn right. Go through the signal and immediately turn right into the driveway for Towsley Canyon. Park OUTSIDE the gate. Look for the hiking club members and leader there. Please be on time.

Directions to Switzer Trail head: From the 210, take the exit toward the Angeles Crest Highway in La Canada Flintridge. Continue east on CA-2 for 9.8 miles. Pass the Clear Creek Ranger Station, then take a right on the Switzer Truck Trail. Descent to the parking lot below.

Leader: George

Saturday, October 10, 2015- Trail Canyon to Lazy Tom Lucas camp

Hike Length: 6-7 miles Round Trip/ Out and back.

Gain: ~1500'

Hiking Time: ~ 3.5 Hours

Rating: Easy to the waterfall; Moderate after that

Description: The Station fire scarred this area but it's time to re-discover the highlight of this hike - a 30' waterfall, 2 miles up the canyon. Although the view is great from the trail those who would like to push the limits can hike down to the bottom or climb to the top of the falls by way of side trails. Tom Lucas (or barefoot Tom) trail camp was named after one of the first rangers in the area.

Description of Hike: There is plenty of parking at the trailhead but no restrooms. The hike starts on a dirt road passing cabins. In a short distance the road changes into a single track trail and we will cross Gold Creek a few times. One mile into the hike we leave the creek bed and follow switchbacks up to the left until the falls come into view. Beginners might want to turn around at the falls. Next, we will follow the trail to Condor Canyon to Lazy Tom's Camp and snack there before turning around.

Meeting Your Leader/ Directions to Trail head:

The trailhead is not too far from SCV, so you could go directly (directions below).

If you would like to Carpool:

Meet at Towsley Canyon front parking area outside the gate at 7:15AM. We will leave at 7:30AM SHARP.

Directions to Trail head:

Take the I-5 to the 210 freeway east. Exit the 210 Frwy at Sunland Blvd and turn left. In 0.9 mile turn left at Oro Vista Ave. Drive 0.8

mile and turn right onto Big Tujunga Canyon Road. Drive 4.3 miles and turn left on to a dirt road (Note: There is no sign to alert you to the turn). Entry is at 4108 Big Tijunga Cyn Rd. (- 34°18'13.2"N 118°15'29.7"W)

If you drive past Wildwood Picnic area, turn around. On your way back there is a sign pointing to the road! Once you are off Big Tijunga, drive up the short winding dirt road to a junction, then turn right, and down, into Trail Canyon. Park at the Trailhead under the oaks, near some cabins. We will start up the trail at 8:00 AM SHARP.

BRING: Hiking poles, if you have them, extra layers in case it gets hot/cold, lunch/snack, water (2 - 3L), a camera, hat and sunscreen. Wear long pants for this one!

Adventure Pass: Yes, 1/ car for those who drive. These can be obtained at Sports Chalet in Stevenson Ranch or any BIG 5 Sporting Goods store; \$5 for a day pass, \$30 for a year pass.

Dogs: OK, on leash and if well behaved around people / other dogs. If you bring a dog, please drive yourself.

Leader: Steve I.

Saturday, October 17 - Slide Mountain Fire Lookout Tower, above Pyramid Lake

Distance: ~ 12 miles total - Out and back

Gain: ~2400 feet

RATING: Difficult (for Distance and Gain)

Today we are hiking to the top of Slide Mountain. This is an out and back 12 miles round trip on a steep trail. We will hike to the fire

lookout on the top of the mountain. There are incredible views of Lake Pyramid and Lake Piru. You will also have a 360 degree view of just about every major peak around the LA area from the top.

This is a tough hike that is not for beginners. There should be a lot of great photo opportunities so bring your camera. Steve will also point out Piru Creek, which is a Native California Fishery.

Bring: A snack/lunch, water (3 liters is recommended), electrolytes if it is a hot day, sunscreen, hat, hiking poles if you have them, and your camera. Wear layered clothing in case it gets hot or cold and good boots with tread.

Carpooling from Santa Clarita:

We will meet at the outside gate of Towsley Canyon at 7:00AM for a 7:15AM SHARP departure to the trail head (see below). We will be carpooling to the trailhead above Castaic on I-5, about 25 minutes away.

Please be respectful of your driver's support by contributing something at the end of your carpool to help defray the cost of gas.

Meeting at the Trail head:

Directions - Go north on I-5, pass Castaic and exit at Templin Hwy, turn left. Go under the freeway, and turn right. Follow this road until it ends at a white forest service gate. Park (this is Frenchman's Flat). Display your Adventure Pass in your windshield. Meet us at the gate at ~7:45AM , we will leave at 8:00AM SHARP.

Adventure Pass: Yes, required for parking in the Angeles National Forest, 1/ car for those who drive. These can be obtained at Sports

Chalet in Stevenson Ranch or any BIG 5 Sporting Goods store; \$5 for a day pass, \$30 for a year pass.

Dogs: OK , if on leash and well behaved (please bear the distance in mind)

Leader: Steve I.

Saturday October 24, 2015 - Hike Options: Bear Divide to Camp 9 (4 miles RT) or add Wilson Saddle/Manzanita Trail/ back to Whitney Cyn (9 miles total)

Options:

(Moderate Quick hike) - carpool to the Bear Divide trailhead with us, hike the first part (a tough 2 mile butt kick with about 1100' gain) to Camp 9 and then you can go back down the same trail or an asphalt service road to your car at the Bear Divide picnic area (i.e. 4 miles RT). NOTE: Although this is only 4 miles we do not rate this as Easy (due to the 1100' gain). If you are not in good shape, you will have issues.

(A More Difficult hike) - hikers looking for more miles will continue from Camp 9 to Wilson Saddle, down Manzanita and back to Whitney Canyon, clocking another 7 miles (i.e. 9 miles total).

Description:

We will meet first at the Park and Ride at Whitney Canyon to arrange carpools to the Bear Divide Picnic area (Sand Cyn/ Little Tijuana Rd). Please do not go straight to the trailhead.

First we climb 2 miles up up up the trail on the shady North side to the Wildland Fire Fighting Station "Camp 9" at the summit. We pass through the Fire Station (which is an old Nike missile

barracks), get some water and our breath back before heading West along fire road 3N17 (slight decline). We grab a snack/lunch/ and a bathroom break at Wilson Saddle. Then it's over to, and down down down Manzanita to the Viper Trail and back over to Whitney Canyon and the Park and Ride, passing Placerita Canyon, and the Disney Ranch along the way.

Last Month's Hikes and Events



Trip to Washington, D.C.



Chantry Flat Hike



Piru Creek Clean Up



Piru Creek Hike



Weldon Canyon Hike



Pico Canyon Historical Hike



Mt. Lowe Historical Hike

Best Photo of the Month



This beautiful fungus was on the road to South Lake. Enjoy!

MONTHLY CONTEST

WIN A PRIZE!!!

This contest is open to all hiking club participants.
Each month, the first person to email the editor with the correct answer(s)
will get the prize. Remember, be the FIRST to email back to: zuliebear@aol.com.

QUESTION



Below is a photo of a flower that can usually be found in the forest in riparian areas.
Do you know what the name of the flower is?



PRIZE: A Blue Fuzzy Diary!

PLEASE CONTACT DIANNE AT zuliebear@aol.com

IF YOU WOULD LIKE TO DONATE A GIFT FOR
NEXT MONTH'S QUESTION!

HIKING TIP

Hiking 101: Lightning Safety



Most of us have witnessed lightning shows: entire sudden discharges of thunder echoing across the landscape. But while it can be beautiful, lightning is among the deadliest natural phenomena on our planet - and summer, the most popular time for hiking, is the

the awe-inspiring beauty of clouds illuminated by electric current, with

most active time of year for storms.

The following guidelines should help assure that your summer hiking season is a safe and enjoyable one.

Prepare. Check the weather forecast before you head outside. Be mindful of any storms in your area or conditions that are right for the development of thunderstorms. If a storm is approaching, descend from ridges, peaks, and elevated areas. In mountainous areas, thunderstorms typically develop in the early afternoon, so plan to hike early in the day and be down the mountain by noon. If you can hear thunder, you are in danger - even if the sky near you is blue.

Seek protection. A safe building is one that is fully enclosed and has electricity and plumbing - a home, school, office building, etc. A hard-topped vehicle is also a safe place.

Safety outdoors. If suitable shelter isn't nearby, seek protection in a valley or depression in the terrain. If you have any metal - a metal-frame pack or hiking poles - make sure they're at least 100 feet away from you. People in groups should find shelter at least 100 feet away from one another.

Assume the position. Crouch on the ground with your weight on the balls of the feet, your feet together, your head lowered and ears covered. Never lie flat on the ground.

HAPPY BIRTHDAY TO YOU!!!



Matt Nelson-October 1

Linda Castro-October 1

Chuck Kudija-October 3

Nancy Tang-October 3

Teri Crane-October 3

Bob Haueter-October 4

Sylvia Altamirano-October 4

Ron Kraus-October 4

Bonnie Traylor-October 4

Julia Wareing-October 4

Bob Fischer-October 5

Laura Setzer-October 7

Avery Cleary-October 9

Lori Burns Culleton-October 9

Judy McClure-October 13

Bob Ramirez-October 13

Samantha Sheehy-October 14

Donna Zamudio-October 14

John Moskal Jr-October 15

Linda Sol-October 18

Rene Lewis-October 19

Micheal William Smith-October 19

Murch Stevens-October 20

Laura Hansen Clark-October 22

Don Hellrigel-October 24

Toby Beauer-Munitz-October 26

Chris Spicher-October 26

Nancy Albrecht-October 28

Gregory Nishiyama-October 29

DATES TO REMEMBER



CHC NOW HAS THEIR VERY OWN TRAIL TEAM

**To join the trail team, email Dianne. We have lots of projects in our valley and beyond!
Learn how to properly maintain a trail! Time to give back! Work only when you want to!
It's GREAT exercise! We are going to be restoring some trails in the Angeles National
Forest, and doing some plant/habitat restoration as well!!! Fun times!**

We are now meeting at 7:00 AM at the Forest Gate.

CHC Trail days for October

October dates: 8, 10, 14, 15, 22

7:00 AM-2:00

**Please join us. Please RSVP and ask for directions and what
to bring. THANK YOU FOR HELPING US OUT.**

CHC MONTHLY BOARD MEETING

Where: Heidi's House

Date: October 12, 2015

Time: 7:00 PM

Do you have an idea? You're welcome to bring us your ideas!

YUMMMMM OF THE MONTH



Frying Pan Cookies

2 Eggs, unbeaten

1 c Sugar*
1 1/2 c Dates, chopped
Salt

2 Cups Rice Krispies
Shredded Sweetened Coconut

**Cook first 4 ingredients over a low heat for 10 minutes,
stirring constantly. Remove
from stove and add 2 cups of Rice Krispies.
Roll in balls and dip in coconut.**

GO GREEN



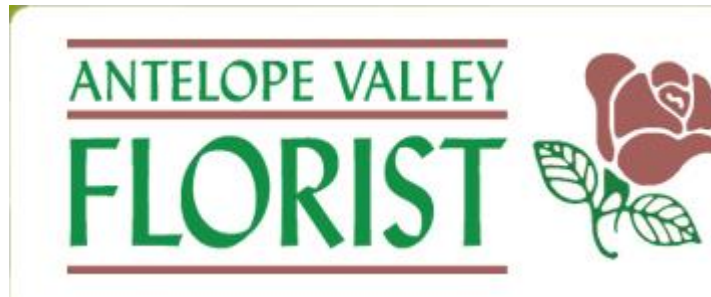
**Here's a great way to save on your grocery bill.
Use recycled wood to create raised boxes. These are mostly just 2 x 4s.
Use recycled wire to create climbing areas for beans and squash.
REDUCE, REUSE and RECYCLE!!!**

Supporters and Partners



Dr. Clare Macaulay, DDS
<http://www.drclaredentist.com/>

SketchPad
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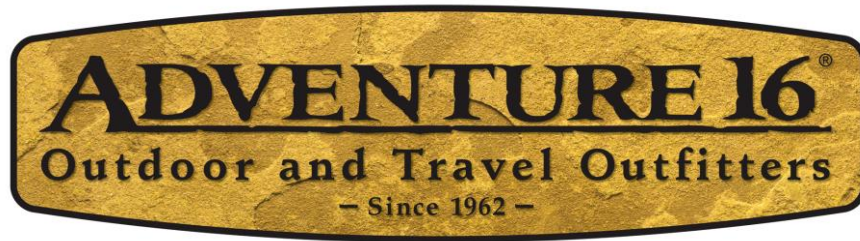


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SCCA

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Santa Clarita CA 91387



Santa Clarita Valley Historical Society

Alan Pollack, President

ampollack@yahoo.com

SCVTAC

SCVTAC (Santa Clarita Valley Trails Advisory Committee)

25800 Sand Canyon Road



Gibbon Conservation Center
<http://www.gibboncenter.org/>



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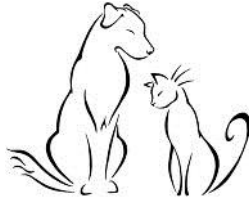
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info@culinarywonders.net or by phone at (661)-254-1234

Email: info@culinarywonders.net

Chef Herve Guillard



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Contact: Vanessa Vandersande, DVM



Angel Flight

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